

## Shoreline Preschool Potty Training Readiness Questionnaire

Please review the questions below to help assess if your child is ready for potty training. If you answer “yes” to several of these questions, it may be time to begin the potty training process.

1. **Interest in the Bathroom**

- Does your child show interest in the bathroom?

Yes  No

2. **Bladder Control**

- Can your child remain dry for up to 2 hours? (bladder muscle strength)

Yes  No

3. **Discomfort in Soiled Diapers**

- Does your child feel uncomfortable when wearing a soiled diaper?

Yes  No

4. **Regular Bowel Movements**

- Does your child have regular, well-formed bowel movements?

Yes  No

5. **Physical or Verbal Cues**

- Does your child give a physical or verbal sign when they need to go to the bathroom?

Yes  No

6. **Desire for Independence**

- Does your child show a desire for independence?

Yes  No

If your child shows any combination of these readiness signs, they may be ready to begin potty training.